



*Mother Nature has created the vine,  
Our passion and patience  
Made it an Art.  
A fine bottle of wine*



## THE WINES OF SARDINIA

Could a diet of cheese, bread & wine be the secret to longevity?

For the people of Sardinia, it just might be,  
certain aspects of the Sardinian diet seem to make a difference,  
adding about six years to life expectancy.

For one thing, Sardinian people, of the Island  
located in the middle of the Mediterranean,  
drinks very dark red wine.

In life, there are few pleasures so pure as good wine.

Sardinia is a small island that God has blessed  
with the purest, finest wine and food.  
For gourmets lovers a visit to this Paradise is a must.

Sardinia is home to 120 native grape varieties,  
about 40% of the amount of grapes varieties  
grown all over France.

## TENUTE GEBELIAS

### ARTISANS OF SARDINIA WINERY

**Tenute Gebelias** was born in the early years of the last century  
from the love, passion and work on the fields.  
A work that is the result of the experience of several generations,  
passion for the land respecting and reflecting  
the traditions of Sardinian wine making.

The land is called “Gebel” that in Arabic means “mountain”  
and surrounding areas are famous  
for the important archaeological discoveries.

During the soil settlement for the planting of vineyard,  
several Askoid jugs have been found.

They were probably used to pour, sell and export wine,  
which has been produced for ages on this land,  
to all the Mediterranean sea.

Together with Mr Nicola Loddo, I worked on blending the wines,  
including my personalization of Gebel from native grapes  
Cannonau & Carignano and a small percentage of the winery  
terroir grown Cabernet Sauvignon.

For the labels I decide that a local Artist, such as Margaret Knott,  
a wonderful charming lady, with tons of experience,  
would have been the perfect person to give that extra colour to the wines.  
She paints outside whenever she can, mostly with gouache, oil and graphite.

She prefers her fingers to a brush.

Her prints and paintings have been greatly influenced  
by her work as a designer. She has exhibited in Paris and New York  
and numerous UK Exhibitions.

Her painting can be found as well as on my wines  
all over the walls of Artisans of Sardinia.

My House values of hospitality and quality of the food,  
can only be in the best bottle of quality and price of the wine list.

Our House wines



## Principal's white grapes of Sardinia

### **Vermentino: a grape variety with ancient and mysterious origins**

Vermentino is a semi-aromatic white grape variety also grown in Liguria where it takes on the name of Pigato, and in Piedmont and Corsica where it is known by the name of Favorita, but it is in Sardinia that it finds its ideal habitat. In the island of the ancient nuraghi, the cultivation of the vine from which you get the Vermentino of Sardinia began in the nineteenth century and initially affected only the area of Gallura but in a short time spread throughout the island. Theories try to explain the origin of Vermentino: a hypothesis is that the vine has made a journey spreading from Sardinia to other territories, while according to another theory, the Vermentino would have arrived on the island during the Arab domination. The name Vermentino seems to come from the word "vermena", a term now in disuse adopted especially during the Middle Ages to indicate a "young branch, thin and flexible", which derives from the Latin "verbena" regarding "herbs and twigs of evergreen plants".

### **Nuragus**

Nuragus is a white Italian wine grape varieties that is grown in Sardinia. It is the principal variety between the DOC denomination wine Nuragus di Cagliari. The grape has a long history on the island with studies believing that the variety was likely introduced to the area by the Phoenicians. While the grape is still widely planted in Sardinia its numbers began to reduce in the late 20th century, falling by 50% during the 1980s alone to a total 8,700 hectares (21,500 acres) in 1990. Today it is mostly found in the southern part of the island between Cagliari and Oristano on the hot Campidano area.

### **Vernaccia**

According to legend, Vernaccia was introduced to the island of Sardinia by the Phoenicians sometime after the ancient civilization founded the port of Tharros in 800 BC. The first documented mentioning of Vernaccia di Oristano was from a legal document drafted in 1327 in the town of Iglesias in southwest Sardinian that specified that winemakers were limited to producing one barrel each of wine made from several different grape varieties, including Vernaccia, Greco, Brusco Bianco and Vermiglio, but that each wine was to be kept separate. The name is derived from the Latin word vernaculus which means "native" or "indigenous" and would be attached to any grape perceived to be native to the local region. In the case of Vernaccia di Oristano, studies believe that the grape may be native to the Tirso River valley that crosses the island of Sardinia before emptying into the Gulf of Oristano.

### **Nasco**

Among the typical vines of Sardinia there is certainly Nasco. According to some studies it would have originated in Greece and would have been brought to the island by the Phoenicians, but the hypothesis considered more valid, given the difficulties in reconstructing its origins, considers Nasco an ecotype, a variety that originated locally and, over time, has constantly adapted to the island environment. Nasco 'was among the most renowned wines that have contributed to making Sardinian wine production famous since ancient times". It is widespread in the south and south-west of Sardinia, grown mainly in some municipalities in the provinces of Cagliari, Medio Campidano, Carbonia-Iglesias and Oristano. Various types of wine can be obtained from the "Nasco" vine, from dry white wines to sweet, passito, late harvest or fortified wines.

## Principals red grapes of Sardinia

### Enological symbol of the Island: Cannonau

The Cannonau or Cannonao or even Garnacha in Spanish and Grenache in French, is the most ancient black grape in the Mediterranean and is commonly grown all over the island of Sardinia. Until a few years ago it was thought the Cannonau came from the Hibernian peninsula and brought to Sardinia during the Spanish invasion between XV and XVI centuries, however recent studies and the encounter of ancient grape seeds in some Archaeological sites including the neuralgic village Duos Nuraghes in Borore, a municipality near Nuoro, have proven its an endemic cultivation. Excavations in 2020 at Borore have shed light on hundreds of grape seeds of carbonized vines dating back to 1200 BC, therefore about 3200 years ago the neuralgic population had built gigantic Nuragic and already grew and produced the wine which was brought to Spain where it was renamed Canonazo in Sevilla and Garnacha in Aragona. Before recent archeological discoveries proving the plant was present and cultivated on the island by the neuralgic civilization, the official story tells how the vine, originally from the Caucasus area and Mesopotamia, was brought through Anatolia, Egypt, Aegean islands and Greece and then to western Sardinia by the Phoenicians.

### The Carignano grape

Early Italian wine writers speculated that Carignan, known as Carignano in several parts of Italy, was a Phoenician grape variety that was brought to the island of Sardinia by the Phoenician in the 9th century BC. From there the grape is believed to have spread to other Phoenician colonies, including the settlement at Sulcis, eventually being brought to the Italian mainland and carried around the western by the Ancient Romans.

Here the grape developed in isolation to form distinct clones under the synonyms Bovale or Bovale Grande. At some point the grape reached Algeria where it became a high yielding "workhorse" variety that was widely exported to France to add colour and weight to French wine blends.

### Bovale Sardo or Muristellu

The Bovale vine represents an example of the growing interest that is found for Sardinian native vines, among which certainly Carignano, Monica, Cagnulari, but also, and above all Bovale. In fact, since the 1970s, interest has been focusing on the huge amount of native Sardinian vines, and the grape that has been able to convince best over time is undoubtedly Bovale Sardo. Bovale is found in all wine-growing areas of Sardinia, but its area of choice is located on the lands of the Mandrolisai DOC, in the Nuoro area, and above all, in the Campidano di Terralba DOC area in the province of Oristano. Bovale is a vine that in the last years has been experiencing an exceptional evolution in terms of quality, passing from blended grapes or a little more to a variety with an excellent organoleptic profile. Many wineries are therefore starting to use Bovale both alone and as a shoulder for Cannonau or international vines. Bovale prefers hilly terrain where the temperature range is higher, but it also adapts to flat and marine areas, where the brackish air that lashes the vines, all year round makes it unique, giving wines of the highest quality. The main oenological characteristic of Bovale is that of having a very high polyphenolic charge, giving very dark and tannic wines that were once very difficult to drink due to the high alcohol content and low acidity, but which modern oenology is transforming into products of absolute interest.

START YOUR JOURNEY WITH ONE  
OF THE UNIQUE APERITIF  
CAREFULLY PREPARED BY OUR TEAM

Mirto scents Sardinian Gin, thyme & tonic 9.80

Pure Sardinia Vodka Martini, olives & rosemary 15.00

Smoked Aged Negroni with Pig Gin & Silvio Carta vermouth 15.00

Mirto Royal with Aristanis Brut Metodo Classico 17.80

CORAVIN ANY BOTTLE

CHOOSE YOUR WINE

ENJOY A GLASS OR TWO

TAKE THE REST AT HOME OR

LET US LOOK AFTER YOUR BOTTLE

IN OUR CELLAR FOR YOUR NEXT VISIT

AT ARTISANS OF SARDINIA

WE SELL OUR WINES AT 30% OFF TO TAKE AWAY

## By The Glass & Half Decanter

### Sparkling

175ml

Aristanis Brut Metodo Classico                      Cantina della Vernaccia                      NV    16.80

Made with 85% of Vernaccia di Oristano and 15% Vermentino grapes, this wine is bright straw yellow, tending to gold. Fine and persistent perlage. The nose gives hints of dried and candied fruit, with notes of almond flowers, while breadcrumb is perceptible in a pleasant and delicate way. The mouth-feel is quite dry and bold, delicate and persistent.

### Whites

175ml    375ml

Terre Bianche Alghero DOC                      Sella e Mosca                      2024    12.00    24.00

Alghero Terre Bianche is a varietal wine made from the Torbato grape, a unique variety the mainly grows on this northwest corner of Sardinia. The grapes grow under optimal conditions in Sardinia. Here the vines drive their roots deep into limestone soils. Terre Bianche Alghero flatters the palate with a velvety feel, without lacking freshness. On the finish, this youthful white wine from the Sardinian wine region finally impresses with good length. Once again, hints of pink grapefruit and apple appear. In the aftertaste, mineral notes from the limestone.

Terresinis Valle del Tirso IGT                      Cantina della Vernaccia                      2024    12.25    25.00

The wine is made of 85% Vernaccia and 15% of Vermentino. A wine full of character, dry, elegant body, smooth and well balanced that goes well with seafood cuisine and anything made with bottarga, a dried caviar that comes from this area.

Amistral Vermentino di Sardegna DOC                      Artisans of Sardinia                      2025    13.50    28.50

Vermentino grapes, bright straw yellow with shades of greenish, on the nose reminds delicate flowers, fresh fruits scents with an elegant mineral completes the general harmony. The palate is full, soft with excellent acidity, long and clean end, it closes with a nice elegant and fresh aftertaste.

### Rosè

Serra Lori Isola dei Nuraghi                      IGT                      Argiolas                      2024    12.25    25.00

A rosé that tingles on the tongue like summer air, light, fragrant and full of vibrancy. The nose reveals strawberry, cherry and redcurrant, with floral hints and a subtle, spicy herbal note. The palate is juicy with a crisp freshness, moderate acidity and delicate fruit structure; the texture is elegant, slightly salty and reminiscent of cool stone. The finish is clear and animating, remains fruity and round.

### Reds

Giba Rosso Carignano del Sulcis DOC                      Cantine Giba                      2022    12.25    25.00

A Velvet and fruity Carignano, with red mature fruit and undergrowth flavours. Earthy, low tannins, raspberries, cherries, light wood tones. Very drinkable, a wine that goes very well with all kind of meaty or cheesy pasta, perfect with any meat and Sardinian cheese.

Karam Cannonau di Sardegna Riserva DOC                      Artisans of Sardinia                      2021    13.50    29.00

Selection of Cannonau grapes, deep ruby red, on the nose deep senses of fresh and elegant touch of Mediterranean herbs with nice spicy scents and small wild berries. Considerably fresh on the palate, savoury, harmonious and fruity wine. Aged in stainless steel followed by 6 to 8 months in bottle.

Gebel Isola dei Nuraghi IGT                      Artisans of Sardinia                      2021    14.20    32.80

60% Cannonau, 20% Carignano and 20% Cabernet Sauvignon Deep ruby red with shades of garnet, on the nose has an intense and persistent scent, with traces of vanilla, cinnamon and spices, reminding clearly the Mediterranean scrubland, young fruits balances the harmony of this wine. On the palate is well balanced, balanced tannins well balanced by a powerful alcoholic degree typical of the Mediterranean wines. Aged in 225 litres oak barrique for about a year, in bottle for at least 8 months.

## Sardinian Metodo Classico

Aristanis Brut Metodo Classico                      Cantina del Rimedio                      NV                      65.00

Made with 85% of Vernaccia di Oristano and 15% Vermentino grapes, this wine is bright straw yellow, tending to gold. Fine and persistent perlage. The nose gives hints of dried and candied fruit, accompanied by notes of almond flowers, while breadcrumb is perceptible in a pleasant and delicate way. The mouth-feel of this sparkling wine is quite dry and bold, enveloping but delicate and persistent.

## Charmat

Alissa Cuvée Extra Dry Rosé                      Tenute Gebelias                      NV                      52.00

A lively interpretation of sparkling rosé with notes of red fruits and a round harmonic character, Made with 50% Vermentino & 50% Cannonau. Great as aperitif also with fish starters, oysters and salads as well as light sauces pasta.

## White wines

Sinis Bianco Valle del Tirso IGT                      Cantina del Rimedio                      2024                      39.00

The Sinis Bianco is made using the native Sardinian grape Vermentino. Vibrant and fresh. Beautiful light bodied white. Great value for money wine. Best served as an aperitif or with seafood.

Terre Bianche Alghero DOC                      Sella e Mosca                      2024                      46.00

Alghero Terre Bianche is a varietal wine made from the Torbato grape, a unique variety the mainly grows on this northwest corner of Sardinia. The grapes grow under optimal conditions in Sardinia. Here the vines drive their roots deep into limestone soils. Terre Bianche Alghero flatters the palate with a velvety feel, without lacking freshness. On the finish, this youthful white wine from the Sardinian wine region finally impresses with good length. Once again, hints of pink grapefruit and apple appear. In the aftertaste, mineral notes from the limestone.

Terresinis Vernaccia Valle del Tirso IGT                      Cantina del Rimedio                      2024                      52.00

Vernaccia di Oristano, a native grape of the Tirso Valley IGT, situated on alluvial soils, where it best expresses its features, achieving the full ripeness of the fruits. The wine is made of 85% Vernaccia and 15% of Vermentino. Fermentation is made for 20 days, 70% in stainless steel and the remaining 30% of the mass in barriques. Once assembled the wine ages in stainless steel tanks, with a weekly baronage giving the wine a better aromatic complexity and structure. A wine full of character, dry with elegant body, smooth and well balanced that goes well with seafood cuisine and anything made with bottarga, dried caviar, that comes from this area.

Costamolino Vermentino di Sardegna DOC                      Argiolas                      2025                      52.00

Aromatic fruits, citrus, melon, peach, herbs all blended to give this wine a big personality. Straw Yellow colour with a slightly greenish reflection, subtle, intense and delicate, with good primary and secondary aromas, fresh, dry and savoury with a pleasant and delicate finish.

Amistral Vermentino di Sardegna                      DOC                      Artisans of Sardinia                      2025                      52.00

Vermentino, harvested by hand during the cooler hours of the day. The grapes are previously worked with the technique of cold maceration in order to save all the varietal aromas. It follows a careful fermentation in temperature-controlled stainless-steel tanks. Bright straw yellow with shades of greenish, on the nose reminds delicate flowers and fresh fruits scents with an elegant mineral completes the general harmony. The palate is full, soft and with excellent acidity, long and clean end, it closes with a nice elegant and fresh aftertaste.

Meri Vermentino di Sardegna DOC	Argiolas	2024	59.00
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Merì (meaning “sunset” in Sardinian dialect) is a highly aromatic Vermentino with heightened aromas, lower alcohol, and minimum sulphur. The wine shows an intense bouquet of white flowers, herbs, and citrus, with minerals and juicy acidity on the palate. Merì is a pure expression of place and varietal, an excellent aperitivo and its lemony acidity and herbal character is perfect for the Mediterranean table.

Pusole Bianco Vermentino di Sardegna DOC Azienda Agricola Pusole		2024	59.00
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Fresh and intense aromas of citrus fruits and lemon tree leaves. A rich, slightly nutty, Mediterranean flavours of preserved lemon, bay and rosemary are underscored by breezy, saline minerality.

Lalla Vermentino di Gallura DOCG	Muzanu	2024	59.00
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Fresh character wine from the Gallura district, known for producing high-quality Vermentino. This version is likely to be intense and complex, with citrus and Mediterranean bush notes and a salty undertone. On the palate is fresh and well-balanced. The lively acidity supports a medium body and leads to a long and pleasantly savoury finish, with an aftertaste that recalls the granitic terroir of the region.

Iselis Nasco di Cagliari DOC	Argiolas	2024	62.00
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A big personality and body white wine that comes from one of the most indigenous white grapes that only grows in the Island of Sardinia. Small fraction of the must ferments and ages in small French oak barrels. Straw yellow, ample and harmonious perfume with notes of yellow flowers, tropical fruit and light musky in the background. Soft and enveloping, very long and pleasant finish.

Is Argiolas Vermentino di Sardegna DOC	Argiolas	2024	66.00
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Is Argiolas is a selection of 100% Vermentino from the oldest vineyards of the Argiolas estate.

The grapes are harvested later than the Costamolino Vermentino to obtain fuller body and riper fruit flavours. The wine is vinified entirely in stainless steel tanks to retain freshness and vibrancy.

Is Argiolas shows a ripe, almost tropical-fruit profile that reflects longer ripening on the vine. Aromas and flavours of fully ripe apricots and peaches are accented by notes of melon, almond, and honey.

Bright acidity provides succulence on the palate to an otherwise richer expression of Vermentino.

Villa di Chiesa Valli di Porto Pino IGT	Cantina Santadi	2024	68.00
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Villa di Chiesa is a blend of the white native grapes' varieties and Chardonnay present in percentages 40%. Aged in French oak barrels, it shines in the glass with a splendid warm and brilliant straw yellow with reflections of warm and golden nuances of good consistency when swirled in the glass. Intense nose of a complex bouquet with notes of exotic fruit such as pineapple and banana and sweet spices such as vanilla. In the mouth is structured, warm and soft, pleasant, balanced, persistent and of great finesse.

Arakena Late Harvest DOCG	Cantina del Vermentino	2023	69.00
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A late harvested Vermentino grapes from the top vineyards of the Monti's winery. Vinification is made with cold maceration, an under controlled fermentation in large oak barrels that gives the wine a bigger body than a normal Vermentino. Aged for 5 months in barriques the wine is soft golden yellow and brilliant colour, nose is peachy, ripe fruits, apricot, balsamic scents of Mediterranean herbs, rosemary and vanilla. Mineral palate feel, rich, fatlong lingering finish, very well-balanced acidity.

Avinu Vermentino Isola dei Nuraghi IGT	Podere Monte Pedrosu	2022	69.80
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Made with 90% Vermentino & a share of 20% between Girò Bianco and Moscato, Avinu is produced in only 2000 bottles. Harvest take place in mid-September, skin contact fermentation for 18 hours and vinification in steel for 10 months in fine lees. The result is a beautiful Vermentino with intense yellow golden colour, balsamic nose, sage notes with a mix of medical herbs, hints of yellow pulp fruit of apricot and peach. Warm, clean on the palate with a savoury fresh notes.

Granatza Barbagia Bianco IGT	Azienda Agricola Mertzeoro	2024	76.00
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A Family-run winery in Mamoiada producing wines for over two decades with respect for the land and its traditions. 100% Granatza grape, a grape variety recently revitalized in the area district of Barbagia, central East area of Sardinia, near Nuoro. 650 meters above sea level, in a high granitic rich soil giving the wine a distinctive character. Manually harvested in mid-September, the grapes make a spontaneous short fermentation with native yeast followed by a short skin maceration. Refined in bottle for four months, the wine is fresh, vibrant palate of elegance well balanced minerality with a fresh & authentic expression of Sardinian terroir.

Tarongia Vermentino Isola dei Nuraghi IGT	Podere Monte Pedrosu	2023	78.00
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Tarongia is a spectacular orange wine only produced in 250 bottles. Made with 90% Vermentino and 10% Moscato from 45 years old vines situated in Usini at 250 meters above the sea level. Tarongia is Catalan for Orange. The name was given to this wine as it undergoes a prolonged maceration on the skins for about 10 days given the wine a deep orange colour. On the nose is very fresh with notes of mixed herbs, muscat, apricot and medlar. Very warm & elegant sip, the best orange wine I ever had.

Cerdeña Isola dei Nuraghi IGT	Argiolas	2021	99.00
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A very important and important wine for my wine list. A wine, like Turriga, that reflects the hard work of this spectacular winery. Made with 95% Vermentino best grapes of the winery and 5% of Nasco grapes with a soft pressing, natural settling, primary and secondary fermentation and evolution is made in French oak barrels with a following 6 to 8 months in bottles. Straw yellow with good intensity, on the nose is fine with a persistent elegance, intense palate, well structured, soft, elegant, very pleasant finish.

Bèru Superiore DOCG Limited Edition	Siddura	2022	99.00
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This wine is the desire to experiment that you breathe throughout the company. The winery challenge is to demonstrate that Vermentino is a "versatile" vine. While subjecting it to different types of winemaking, always keeps its identity and valuable organoleptic characteristics that have made it known and appreciated all over the world. Strictly manual harvesting of the best Vermentino's vine and manual selection. The grapes are left to macerate a few hours before being softly pressed. The alcoholic fermentation takes place in small French oak barrels. Very fine nose, intense and complex, with nuance of vanilla and thyme, while the palate is full-bodied wine, elegant and stylish, with excellent minerality, smooth.

## Rosè

Serra Lori Isola dei Nuraghi IGT	Argiolas	2025	45.00
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A rosé that tingles on the tongue like summer air, light, fragrant and full of vibrancy. The nose reveals strawberry, cherry and redcurrant, with floral hints and a subtle, spicy herbal note. The palate is juicy with a crisp freshness, moderate acidity and delicate fruit structure; the texture is elegant, slightly salty and reminiscent of cool stone. The finish is clear and animating, remains fruity and round.



Cardanera Carignano del Sulcis DOC	Argiolas	2024	52.00
Wild red-berry, myrtle and garrigue aromas demonstrate this wine's Sardinian origin. The medium-bodied palate offers ripe raspberry, juicy cranberry and dark culinary spice alongside polished tannins. Great quality wine, no need many words.			
Karam Cannonau di Sardegna Riserva DOC	Artisans of Sardinia	2021	58.00
Selection of Cannonau grapes, vinified at low-temperature fermentation (20°C) in stainless steel tanks, to highlight the fresh notes of the final product. Deep ruby red, on the nose deep senses of fresh and elegant touch of Mediterranean herbs with nice spicy scents and small wild berries. Considerably fresh on the palate, savory, harmonious and fruity wine. Ages in for one year in 225lt old oak barrels followed by 8 months in bottle.			
Corash Cannonau Riserva DOC	Cantina del Rimedio	2019	54.00
Natural organic grown grapes with none use of fertilizers. The wine is aged at least 12 months with the first, second and third-passage in durmast barriques, followed by a one-year refining in concrete vats. Ruby red colour, it shows mature fruit, toasty and spicy aromas on the nose. The wine is dry and smooth on the palate; structure, complexity and persistence make it a highly balanced wine.			
Padres Isola dei Nuraghi IGT	Gianluigi Deaddis	2022	59.00
100% Bovale Sardo, Padres vineyards are in the heart of Anglona, a context of Nuraghi, Romanesque churches and the famous Domus de Janas, ancient houses obtained by digging inside giant rocks. Full bodies, vigorous, ruby red intense aromas that offer a simple but unique perfume, full and velvety, with a great structure and aromatic persistence. Intense hints of blackberry fruit, black cherry and myrtle. Fragrant and delicate aromatic scents of spices, eucalyptus and dried flowers.			
1Hundred Isola dei Nuraghi IGT	Gianluigi Deaddis	2022	66.00
Muristellu grape, known as Bovale Sardo grown on low hills of 150m above sea level, always ventilated. Temperate hot in summer, with strong temperature variations between day and night. The wine is refined in 50% stainless steel and 50% oak barrels. Very ruby red, dried violet with hints of Mediterranean scrub, red and black currants, evident notes of blackberry on the nose while on the palate is full bodied, warm and soft, well structured.			
Barbagia Rosso IGT	Azienda Agricola Mertzeeoro	2023	68.00
Mertzeeoro Barbagia Rosso IGT is obtained from Cannonau grapes. grown in Mamoiada. Spontaneous fermentation followed by ten days of maceration, the wine rest for four month in oak barrels before it is bottled for another minimum of two months. A wine full of character with rich notes of ripe fruit, Mediterranean herbs and mineral sapidity, a great bottle to be enjoyed with all our homemade pasta based of cheese and ragout sauces.			
Senes Cannonau Riserva DOC	Argiolas	2020	69.00
"Senes" is vinified in stainless steel tanks before being transferred to fiberglass-lined Concrete where the wine undergoes malolactic fermentation. A full year of ageing in barriques is followed by an additional 12 months' refinement in bottle. "Senes" Cannonau Riserva is deep purple in appearance. The wine is both structured and soft velvety at the same time. Rich aromas of sweet blackberry and prune mingle with Mediterranean herbs and sweet cooking spices like cinnamon and nutmeg. Persistence of flavour throughout the finish underscores the high quality of this limited production wine. Senes works very well with hearty dishes like stews or roasted meat.			
Case Sparse Ogliastro rosso IGT	Azienda Agricola Pusole	2022	69.00
Casesparse" is a combination of cannonau grapes, grown in the sandy part of the vineyard, and grapes of the Monica variety, vinified in whole bunches with a maceration on the skins for 14/16 days, it offers a lively, smooth and casual taste. Ruby. On the nose, hints of blackberries and plums stand out, followed by notes of aromatic herbs. On the palate it is dynamic, with well-integrated, savoury and inviting tannins.			

Gebel IGT	Artisans of Sardinia	2021	69.00
60% Cannonau, 20% Carignano and 20% Cabernet Sauvignon, harvested at the early hours of the day. Deep ruby red with shades of garnet, on the nose has an intense and persistent scent, with traces of vanilla, cinnamon and spices, reminding clearly the Mediterranean scrubland, young fruits balances the harmony of this wine. On the palate is well balanced, balanced tannins well balanced by a powerful aromas			
Rocca Rubia Riserva DOC	Cantina Santadi	2023	71.00
Rocca Rubia shines in the glass with an impenetrable intense ruby red dress, the nose offers intense and complex sensations of ripe red fruit of blackberries and blueberries, which over time evolve into sensations of jam, spicy notes of vanilla, balsamic sensations of myrtle and nuances of leather and liquorice, which after a few years evolve into box notes for cigar and truffle. In the mouth Rocca Rubia is an enveloping and structured red, with great softness and flavour. A round and pulpy sip accompanies its tasting, characterized by balance, which over the years turns decidedly towards softness, intensity and great persistence. Rocca Rubia is a wine of great elegance and finesse.			
Is Solinas Riserva DOC	Argiolas	2021	72.00
Made with 95% Carignano del Sulcis and 5% Bovale Sardo, the wine reflects the power yet elegance of the Sardinian wines. Ruby red in colour with violet tinges. Intense on the nose with notes of ripe fruit and jam. Full bodied, warm and harmonious to taste with persistent fruity notes. Ideal with well-dressed first courses, roast suckling pig and lamb, wild boar and well matured cheese.			
Keramos Cannonau Riserva DOC	Tenute Soletta	2021	79.00
Keramos in Greek means clay, from the homonym term originates the name of the municipality of Florinas, where the Cannonau grapes used to produce this wine comes from. Vines were planted in 1965 over 50 years ago. It has a ruby red colour tending to garnet, complex and varied bouquet of red berry fruit, as well as spicy. On the palate it has a fabulous roundness with hints of cherry and plum with a complex and balanced spicy finish. I recommend this great wine to all pasta dishes with cheese sauces or filled with meat, and all second courses of Sardinian meat and cheeses, excellent also just for meditation.			
Pedrosu Isola dei Nuraghi IGT	Podere Monte Pedrosu	2019	80.00
100% Cagnulari, a rare grape variety from Sardinia grown mostly in the northwestern side of the Island, where it is used to produce full-bodied red wines. In the vineyard, Cagnulari is a productive vine that doesn't like excessive sunlight and is susceptible to berry-split after unseasonal rains. Its berries are small and firm with sweet, pink juice. The wines themselves tend to be ruby-coloured due to the deeply pigmented grape skin. Pedrosu, a biodynamic produced wine, has a great oak integration, with lots of forest fruits, scents of liquorice and violet flowers. High yet well-balanced acidity, powerful and hearty.			
Gebel Riserva IGT Limited Edition	Artisans of Sardinia	2021	82.00
60% Cannonau, 20% Carignano and 20% Cabernet Sauvignon, harvested at the early hours of the day. Deep ruby red with shades of garnet, on the nose has an intense and persistent scent, with traces of vanilla, cinnamon and spices, reminding clearly the Mediterranean scrubland, young fruits balances the harmony of this wine. On the palate is well balanced, balanced tannins well balanced by a powerful alcoholic degree typical of the Mediterranean wines. Aged in 225 litres barrique for 3 year, in bottle for 12 months.			
Seimura Carignano Riserva DOC	Cantine Giba	2020	86.00
Seimura is the flag of this tiny winery produced with the best selection of the Carignano grapes from the commune of Giba. The wine is aged in 750lt French oak barrels and Tonneau for at least 12 months and then in bottle for at least 6 months. Bottles produced only 14,000. Dark ruby red colour, deep, powerful and aromatic bouquet with smell of ripe red fruit and spices. Very elegant wine with a full body, sometimes austere like the land where it comes from.			

Montessu Isola dei Nuraghi IGT	Agricola Punica	2022	86.00
<p>One of my favourite red wines on the list, a small baby super Tuscan style wine made with a special blend of native and international grapes, Carignano 60%, Cabernet Sauvignon 10%, Cabernet Franc 10%, Merlot 10% and Syrah 10%. An intense ruby red, complex fruity, spicy, with hints of coffee and liquorice. On the palate is elegant and well structured, velvety, taste of red ripe fruit notes and spices. The wine is aged for 15 months in oak barrels giving an extra balance and body.</p>			
Ultana Isola dei Nuraghi IGT	Gianluigi Deaddis	2018	89.00
<p>Cabernet Sauvignon, Cabernet Franc and Merlot, rich, warm and velvety taste, which is extraordinarily long, and its tannins are of rare elegance and an impressive balanced harmony developing between the nose and the palate. Very intense red with garnet reflections, overtones of plums, myrtle, sweet bay spices, white pepper, liquorice and chocolate on the nose while on the palate is rich, warm and velvety, extremely long with tannins of rare elegance.</p>			
Ghirada Mulinu Barbagia Rosso IGT	Azienda Agricola Mertzeoro	2022	88.00
<p>Mertzeoro Ghirada Mulinu is a Barbagia Rosso IGT obtained from Cannonau grapes, grown in the area of Mamoiada and Oliena. Vinified without clarification or filtration, it ages on the fine lees to enhance its structure and complexity. Notes of ripe fruit, Mediterranean herbs and mineral nuances emerge on the nose, while on the palate it is rich, enveloping and persistent. An authentic expression of Barbagia</p>			
Korem Bovale Isola dei Nuraghi IGT	Argiolas	2022	89.00
<p>The label is that of an Ancient Greek coin found in the vineyards of the Argiolas property. Korem blends the low-yielding and deeply-colored Bovale Sardo for aroma and acidity, with Carignano for tannin, and Cannonau for fruit and body to achieve an elegant wine of layered complexity. It is a wine for refined cookery and unique occasions. In Sardinia, celebrations are often accompanied by spit-roasted meats such as suckling pig and lamb. Korem is perfect for such occasions which might include antipasti and pastas like semolina gnocchi topped with wild boar and pecorino.</p>			
Chimbanta Romangia Rosso IGP	Tenute Dettori	2021	90.00
<p>A red wine coming from one of the oldest native varieties in all of Sardinia. The resulting wine is deep and expressive, perfectly in line with the rest of the Tenute Dettori production. Dark ruby red, the nose expresses hints of myrtle, Mediterranean scrub, raisin flowers and ripe red fruit. They are wonderful sensations, which in the mouth are amplified by an excellent acidity and an almost pungent freshness. Airy, expressive, elegant, it is remembered for a never invasive tannic texture and a highly persistent finish.</p>			
Ghirada Baduorane Rosso IGT	Azienda Agricola Mertzeoro	2022	92.00
<p>Pure Cannonau. It comes from one hectare of 12-year-old Cannonau at 600m above sea level, facing south-east. A decisive wine with a notable structure. It comes from spontaneous fermentation, followed by maceration for about 15 days. It matures in a 50-hl oak barrel for about a year and is refined in the bottle for almost 2 years. Excellent pairing with red meats and game</p>			
Sa Scala Cannonau di Sardegna DOC	Cantina Agricola Pusole	2019	95.00
<p>From the Sa Scala vineyard, with 20-year-old vines, a red made from 100% Cannonau grapes, from a careful selection of a small part of the vineyard. After fermentation in steel tanks, it is aged in used barriques for almost 12 months, with subsequent aging in the bottle. Goes on the market 3 years after the harvest. An identifying wine for the Pusole farm.</p>			
Muzanu Terras de Mamojada IGT	Vigne Muzanu	2020	99.00
<p>85% cannonau and 15% local grapes, 15% alcohol by volume. It is born in the vineyards of "Muzanu" from which it takes its name. It matures in barrels and continues its aging in bottles for about 12 months. Ruby red colour, spicy notes in the mouth, Mediterranean scrub and undergrowth, strong and persistent on the nose. A special character as the one of Toto's, friend and owner of this small winery.</p>			

Barralibus Riserva DOC	Pub Agricolo	2021	108.00
<p>Pub Agricolo's Baralibus Cannonau di Sardegna DOC Riserva is a wine with extraordinary personality. Produced in Mamoiada , the beating heart of Barbagia, this pure Cannonau comes from vineyards that extend over approximately 4 hectares at an altitude of 750 meters above sea level. The uniqueness of Baralibus lies in the diversity of its vineyards: some young, 13-15 years old, others mature 20 years old , and some vines over eighty years old . This variety of age gives the wine a unique complexity, the result of a balance between the freshness of the younger grapes and the depth of the older ones.</p>			
Assajè Isola dei Nuraghi IGT	Capichera	2021	110.00
<p>The aim of producing red wines to match its whites has led Capichera to select over the years the best-known indigenous black grape varieties of Sardinia. Thus, in 1997, Assajè was born: a blend of those indigenous grape varieties with a small percentage of Syrah. It is a desire fulfilled for an elegant and fragrant wine that nevertheless retains power, structure and identity. Assajè means 'is something'.</p>			
Tenores Romangia Rosso IGP	Tenute Dettori	2019	110.00
<p>The Canto a Tenores in Sardinia is powerful and impetuous but at the same time sweet and harmonious: just like our wine. A wine of great character, impossible to enclose in a scheme such is its Mediterranean complexity. Dark ruby red, on the nose it expresses all the beauty of Dettori wines thanks to fruity and floral notes that leave room for hints of great depth, spicy and balsamic. Aromas of leather and juniper with a strong Mediterranean vocation open to a tasting of great depth, volumetric and airy. Of excellent acidity and freshness, a light tannis does not escape before an unforgettable finish for persistence. Another unforgettable wine.</p>			
Saccarè`Ogliastra IGT	Cantina Agricola Pusole	2020	110.00
<p>80% Cannonau, 10% Monica and 10% Muristellu with a production of only 1500 bottles. From the Saccarè vineyard, of mixed native grapes grown as saplings and with plants over 70 years old, comes a red aged in used barriques for almost 12 months. Maceration on the skins for 12-14 days. An intense, rich, material and long wine, with great potential. A real Cannonau to keep there to refine as if it were a Riserva, despite being released as Ogliastra IGT.</p>			
Dettori Romangia Rosso IGP	Tenute Dettori	2017	115.00
<p>Ruby red, on the nose it expresses an olfactory profile that is astonishing in its grace and breadth. Notes of Mediterranean scrub are accompanied by hints of freshly ripe red fruit, violet, juniper, rosemary and sweet spices. In the mouth it is equally enthralling thanks to a precise, didactic acidity and a trace of lively flavour, a perfect counterbalance to warmth and softness. It closes with a finale of great elegance.</p>			
Marchese di Villamarina Riserva DOC	Sella & Mosca	2019	129.00
<p>Cabernet Sauvignon grapes grown on strong, iron-bearing clay, a terroir that shapes and influences the varieties in a Mediterranean, making the wine unique and captivating. Aged in barriques for about 18 months. After bottling, the wine is cellared for another 12 months. Rich, majestic red in color. On the nose, intense and mellow with remarkable red fruit fragrances. The palate demonstrates classic flavors of Cabernet with accents of vanilla, black currant, soft tannins with a lingering finish.</p>			
Terre Brune Superiore DOC	Cantina Santadi	2020	130.00
<p>A true Sardinian legend, a 1st class wine. One of Sardinia` s finest reds, Terre Brune from Santadi is a Carignan heavy blend from Sardinia, 95% Carignano del Sulcis, 5% Bovaleddu grapes. Matured in French oak for 16-18 months before a further year in bottle before release. On the nose displays notes of plums and blueberries complemented by sweet spice, bay, juniper, tobacco and chocolate. Rich and warm palate, with suave tannins and brilliant intensity to the fruit and spicy notes. This is one of the world` s best Carignano.</p>			

Blue Zone IGT Isola dei Nuraghi	Bacci x Vigne Muzanu	2022	140.00
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Bacci "Blue Zone" is a specific wine produced by a project based in Mamoiada, Sardinia.

The name is a reference to the region's status as one of the world's natural "Blue Zones," areas known for the longevity of their residents, who often consume the local Cannonau red wine. The wine itself is a limited-production, deep red wine made from Cannonau grapes grown in the Mamoiada region of Sardinia, which is known for its winemaking history. It is a limited production wine, with only 2,600 bottles produced yearly. It is a deep red wine with notes of red berry fruit.

Barrua Isola dei Nuraghi IGT	Agricola Punica	2020	135.00
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Barrua is a cooperation between Agricola Punica of Santadi, southwest of Sardinia, and Marchesi Incisa della Rochetta from the famous winery of Sassicaia, under the supervision of Dr Giacomo Tacchis. Red wine from Carignano, Merlot and Cabernet Sauvignon grapes vinified individually in our Narcao and Barrua vineyards from spurred cordon vines cultivated in Basso Sulcis. Lively, deep ruby red; nature's gift of colour, complex scents of mature red fruits (mainly black cherry), spices, notes of liquorice and hints of myrtle.

Tuderi Romangia Rosso IGP	Tenute Dettori	2021	148.00
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Dark ruby red, the nose expresses fascinating notes, with a clear Mediterranean appeal. Hints of thyme, rosemary and capers that blend perfectly with the balsamic aromas of ripe fruit. In the mouth it is airy, of great substance and balance thanks to an important acidity. Beautiful finish, tasty for its aroma.

Mantèghja Isola dei Nuraghi IGT	Capichera	2010	156.00
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100% Carignano grapes, produced in a few precious bottles, this wine is the realisation of an ambitious project. The choice of a single autochthonous grape variety and the selection of the best bunches are accompanied by a 24-month refinement period before bottling. Mantèghja is a thoroughbred wine, intense and smooth, which evolves over the years. Marketed after 4 years from the harvest to express itself at its best, Mantèghja in the Gallurese dialect is a blessing.

Turriga Isola dei Nuraghi IGT	Argiolas	2021	159.00
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Another great vintage. Deep purple colour with bright flashes of black and more vivid vermilion hues. Its perfume is persuasive, a balanced combination of spices, woody balsams and ripe fruit flesh that disposes the nose and palate to a genuinely balsamic all, enveloping persuasiveness. A blend of ripe fruit pulp and oak that, in aroma and touch, dispenses a creamy, minty plum of sweet, and eucalyptol.

Turriga Isola dei Nuraghi IGT	Argiolas	2019	165.00
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Deep purple colour with bright flashes of black and more vivid vermilion hues. Its perfume is persuasive, a balanced combination of spices, woody balsams and ripe fruit flesh that disposes the nose and palate to a genuinely balsamic all, enveloping persuasiveness. A blend of ripe fruit pulp and oak that, in aroma and touch, dispenses a creamy, minty plum of sweet, and eucalyptol.

Turriga Isola dei Nuraghi IGT	Argiolas	2004	465.00
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Youthful and compact, with notes of mocha, a mélange of blue, red and black fruit, some pencil lead and mild herbs. Well-integrated oak and just a touch of vanilla which I like and provides the wine with some energy to balance out its extraction and power. Intense elegant character.

Turriga The 10th Harvests	Argiolas	1998	688.00
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Beautiful and intense ruby red colour with moderate transparency. The nose reveals great personality with clean and elegant aromas. Intense and good aromas of black cherry, chocolate, blueberry jam, blackberry jam, plum jam, liquorice, vanilla, dried violet and a pleasing hint of black pepper. The finish is very persistent and long with pleasing flavours blackberry, black cherry and plum. Long finish. A great wine!!!

## Magnums & Double M

Seimura Carignano Riserva DOC                      Cantine Giba    2020   1.5lt   169.00

Seimura is the flag of this tiny winery produced with the best selection of the Carignano grapes from the commune of Giba. The wine is aged in 750lt French oak barrels and Tonneau for at least 12 months and then in bottle for at least 6 months. Bottles produced only 14,000. Dark ruby red colour, deep, powerful and aromatic bouquet with smell of ripe red fruit and spices. Very elegant wine with a full body, sometimes austere like the land where it comes from.

Ultana Isola dei Nuraghi IGT                              Gianluigi Deaddis    2018   1.5lt   170.00

A blend of Cabernet Sauvignon, Cabernet Franc and Merlot, after a year of aging in oak barrels. It has a rich, warm and velvety taste, which is extraordinarily long, and its tannins are of rare elegance and an impressive and balanced harmony developing between the nose and the palate. Very intense red with garnet reflections, overtones of plums, myrtle, sweet bay spices, white pepper, liquorice and chocolate on the nose while on the palate is rich, warm and velvety, extremely long with tannins of rare elegance.

Terre Brune Superiore DOC                              Cantina Santadi    2016   1.5lt   288.00

A true Sardinian legend, a 1st class wine. One of Sardinia's finest reds, Terre Brune from Santadi is a Carignan heavy blend from Sardinia, 95% Carignano del Sulcis, 5% Bovaleddu grapes. The wine is matured in French oak for 16-18 months before a further year in bottle before release. On the nose displays notes of plums and blueberries complemented by sweet spice, bay, juniper, tobacco and chocolate. Rich and warm on the palate, with suave tannins and brilliant intensity to the fruit and spicy notes. This is simply one of the world's best Carignano.

Turriga Isola dei Nuraghi IGT                              Argiolas    2020   1.5lt   349.80

Another great vintage. Deep purple colour with bright flashes of black and more vivid vermilion hues. Its perfume is persuasive, a balanced combination of spices, woody balsams and ripe fruit flesh that disposes the nose and palate to a genuinely balsamic all, enveloping persuasiveness. A blend of ripe fruit pulp and oak that, in aroma and touch, dispenses a creamy, minty plum of sweet, and eucalyptol.

Tuderi Romangia Rosso IGP                              Tenute Dettori    2019   3lt   398.68

A wine whose name derives from the rock that overlooks the vineyard, and which perfectly describes the vine that lives in this small corner of the world: a wine that can be sunny and dynamic, slender and elegant. Dark ruby red, the nose expresses fascinating notes, with a clear Mediterranean appeal. There are hints of thyme, rosemary and capers that blend perfectly with the balsamic aromas of ripe fruit. In the mouth it is airy, of great substance and balance thanks to an important but never over the top acidity, an enviable freshness and, ultimately, a truly out of the ordinary elegance. It closes with a beautiful tasty finish.

## Sweet Wine

Hermes Isola dei Nuraghi IGT	Tenute Soletta	2019	59.00
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The name Hermes, or Mercury, refers to the planet closest to the Sun, indispensable element, which contributes to determine the typicality of this wine. Made with late-harvest Moscato grapes, this light amber dessert wine boasts evolved aromas of caramel, roasted chestnuts, honey and dried apricot. The wine stays in contact with the skins for three days to achieve thicker, richer structure and deeper texture. Dried ginger and sharp resin characterize the close.

Angialis Isola dei Nuraghi	Argiolas	2017	82.00
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Angialis is a late harvest wine made from the indigenous Nasco grape with small percentage of Malvasia. Refined in barrique, Angialis has a very long bottle life and improves with age. A very enjoyable dessert wine has a deep gold color, typical of wines made from grapes that have been over-ripened by the sun. The perfume is rich, and intensely reminiscent of peaches and apricots. Full-bodied, floral and harmonious.

Nùali Moscato di Sardegna Passito DOC	Siddura	2015	86.00
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Nùali grapes are left to dry on the plant and then harvested manually once they reach the right maturation time. Ripe fruit with hints of apricot, maracuja and orange peel. Velvety and enveloping, with a backdrop of white flowers and spices. Great freshness, minerality and taste-olfactory persistence

Antonio 100 Isola dei Nuraghi	Argiolas	2010	100.00
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Antonio 100 IGT Isola dei Nuraghi Rosso Passito is one of the latest labels from the Argiolas winery, designed on the occasion of the 100th birthday of the founder of the company, Antonio Argiolas, who died in 2009 at the age of 102. The Argiolas winery wanted to dedicate this label to its progenitor and to all the centenarians of the island. Produced from a selection of the most traditional of the autochthonous berry grapes red and a 5% black Malvasia grape, this rich dessert wine opens with subdued aromas of raspberry jam, mocha and Mediterranean brush, fig, candied date, clove and hazelnut.

Anghelu Rujù Riserva 2005	Sella & Mosca	2005	138.00
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Only the best bunches from Sella & Mosca's vineyards are selected at perfect ripeness, between the second and third week of September, when the acidity is still high. They're carefully laid out on frames in the sun for twenty days, lifted from the ground to ensure optimum ventilation and covered at night or in bad weather. The wine ages in steel until the spring, followed by fortification to bring the alcohol up to 19%. Finally, the wine is transferred to large oak barrels where it matures for a minimum of five years to refine its structure, softness and overall taste. This gem should be drunk at room temperature, or slightly chilled, and pairs best with rich, dark chocolate and desserts alike & Sardinian biscuits

## Liquers & Grappa 50ml

### *Beer, Water & Soft Drink*

Amaro Silvio Carta (chilled)	12		
Amaro Bomba Carta	15	Birra Ichnusa 33cl	8.00
Liquors	6	Smeraldina Water Monti Di Deu 0.75 l	7.50
Filu e ferru	7	Soft drinks	6
Grappa Tremontis	10	Fresh fruit juices selection	6
Grappa di Vermentino	12		
Grappa di Cannonau	13		
Barricato Jazz	15		
Grappa Turriga	19		

Fine whisky from 18 (Ask waiter for selection)